



THOUGHTS FROM THE BOARD

Greetings to all this February which is often known as, "heart month."

One of my favorite pieces of AA literature comes from Bill W.'s March 1962 article to the Grapevine on, "This Matter of Acceptance." In this article are two sentences that have made a great impact on me and how I try to live my life in sobriety. It starts like this, "I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits."

It is with this feeling in mind and, "attraction rather than promotion," from some AA friends that I decided to stand for a seat on the St Paul Intergroup Board and was elected. Having sobered up in Central Minnesota where there was no such thing as an, "Intergroup," it was an area of service I had not had opportunity to experience. Indeed, I wasn't sure where it fit in to the whole service structure, having been raised with the upside-down triangle that included groups, districts, and area services. Knowing that past service had help me to grow in my program of recovery and having been on a very, "long," hiatus from service work due to some sad life events—this seemed through the attraction mentioned above, to be the direction that my Higher Power was leading me at this time.

In January, I participated in an Intergroup training for current board members that was also designed to help orient new members to the board. During this training, current officers and our Area 36 Alternate Delegate presented information on everything from parliamentary

procedure, (important for us in AA as we can be an unorganized lot.), Intergroup's bylaws, financial reporting, articles of incorporation, various committees within the board and interestingly enough, how Intergroups fit into the service structure of Alcoholics Anonymous. Imagine that.... This question was answered for me! There was lots of information to learn.

When we were reviewing the bylaws - which can be a bit dry, but so very necessary I have found, for steering committees and Intergroups as well -I noticed an interesting item in one of them. That item was that, if a member group wants to call a special meeting of Intergroup due to a concern, they can do so. It would be done in the following manner:

3.2 Special Meetings: Special meetings of the Member Groups through their Representatives may be called at any time (a) by the Chair, (b) by the Board or (c) upon written request of at least eight Representatives or ten percent (10%) of the total registered Representatives of the Corporation, whichever is less. A request to call a special meeting of the Member Groups must be made to the Chair in writing, and the Secretary shall then give notice of the meeting setting forth the time, place, and purpose thereof, to be held no later than 90 days after receiving the request. If the Secretary fails to give notice of the meeting within 30 days from the date on which the request is received by the Chair, the person or persons who requested the meeting may fix the time and place of the meeting and give notice thereof in the manner hereinafter provided. If a special meeting is demanded by the Member Groups, the meeting shall be held in the county where the registered office is located. The business transacted at a special meeting is limited to the purpose stated in the notice of the meeting.

continued on page 4

The Lifeline is the monthly newsletter of the St. Paul and Suburban Area Intergroup, Inc. It is about, by, and for groups and members of the A.A. Fellowship. Opinions expressed herein are not to be attributed to A.A. as a whole, nor does publication of any article imply endorsement by either A.A. or St. Paul Intergroup. We welcome articles on a Step, Tradition or Concept, in addition to descriptions of personal experience. We also welcome original cartoons and drawings expressing the wry side of A.A. experience.

Please email your article to Lifeline@aastpaul.org or send it by regular mail to Lifeline Editor, St. Paul Intergroup, 33 Wentworth Ave E, Suite 355. W. St. Paul, MN 55118-3431. Materials or articles mailed to us cannot be returned unless accompanied by a self-addressed stamped envelope. Intergroup reserves the right to edit submissions for clarity, language, length, and content that might violate A.A.'s Traditions, etc.

St. Paul & Suburban Area Intergroup, Inc.

33 Wentworth Ave E, Suite 355, West St. Paul, MN 55118-3431

Website: www.aastpaul.org e-mail: lifeline@aastpaul.org Fax: 651-290-0209

Office Hours: Monday through Friday — 9:30 AM to 5:30 PM; Closed weekends and holidays

JUST ANOTHER MIRACLE

I shouldn't trivialize a miracle with the word 'just.' Each is amazing and deserves real honor. When I think about what our Higher Power does each day to provide life and recovery for all of us, I am filled with gratitude and overwhelmed with awe. So, when the AA community of St. Paul Intergroup came through with enough contributions to not only balance the budget but provide a sizeable surplus, I thought, "JUST ANOTHER MIRACLE."

In November, the treasurer put together a forecast that said St. Paul Intergroup would likely have a \$15,000 shortfall. Those of us on the board were worried and rightly concerned. We were hiring a new Office Manager who deserved a reasonable wage and to keep in the traditions, we should offer one. In a past life, I might have stayed stuck in fear. Instead, the board leaned into prayer and focused on what God would have us do.

The first necessary thing was to let the groups know. We shared the projected shortfall at the Reps meeting. We also created a brochure that highlights how to financially support St. Paul Intergroup with a QR code to make it easier to contribute. (the QR code is on page 3 if you are interested). We had an excellent turnout for Gratitude Night, and we took that opportunity to inform AA members further of the current financial need.

In the following weeks, we saw a miracle happen. Gratitude Night, we had several contributions—more than enough to cover the expenses of the meeting with a nice cushion while an increased trickle of contributions entered the office. As we entered December and the discussion of Intergroup's financial need spread through the community, that trickle became a flow. At that stage, our treasurer became confident we would meet the budget. By year-end, the flow was a steady stream, and we ended the year with a surplus of over \$5,000.

You helped to create another miracle, and we thank you! The board also recognizes that you voted with your dollars, telling us St. Paul Intergroup matters to you. Each one communicated that you value this service and want it to remain, and

the vitality of Intergroup is something the AA community relies on.

As a result, the board is committed to making Intergroup even more vibrant for you. In addition to the two ad hoc committees of Night Owl and Outreach, we've added a third—Expansion. The goal of this committee is to 'expand' usefulness and reach in the AA community. At the core, Intergroup is here because of you and for you. You, and every other alcoholic like you, are the most important part of this process. As we've seen in every miracle within AA, the more we rely on each other, the more promises are fulfilled, and the greater number of drunks we can get off a bar stool and into the rooms.

If you are wondering what you might do to get involved in these miracles, here's a list of things to consider:

1. If you'd like to learn more about the Expansion Committee or other volunteer and involvement opportunities at St. Paul Intergroup, please email altchair@aastpaul.org
2. If the groups you attend do not have a rep attending Intergroup meetings, encourage them to do so and contact the Intergroup office for details. (651-227-5502)
3. Please also contribute to St. Paul Intergroup through your groups and decide to do so yourself. Please use the QR code or CashApp information on page 3 or use the form on the cover of this mailer to contribute monthly. Those that do so allow Intergroup to better budget for expenses and expansion projects.

Miracles are happening among us always. It is such a blessing to be part of the process. I am grateful to trudge this road of happy destiny with you and the other AA members in the St. Paul community.

-Renee B. , 2023 Intergroup Alt. Chair

Thank You!

SELF-SUPPORT SUGGESTIONS FOR GROUPS

“Every A.A. group ought to be fully self-supporting, declining outside contributions.” The Conference-approved pamphlet: “Self-Support: Where Money and Spirituality Mix” offers the following suggestions for the distribution of group funds after group expenses have been paid:

50% St. Paul Intergroup

33 Wentworth Ave E.
Suite 355
West St. Paul, MN 55118-3431

30% General Service Office

P.O. Box 2407
James A Farley Station
New York, NY 10116-2407

10% Southern MN Area 36

Southern Minnesota Area Assembly
P.O. Box 2812
Mpls., MN 55402-0812

10% District Committee

Ramsey County:

District 8, P.O. Box 131523
St. Paul, MN 55113

Dakota County:

District 19, P.O. Box 1466
Burnsville, MN 55337

Washington County:

District 15, P.O. Box 181
Lake Elmo, MN 55042

WAYS TO FINANCIALLY SUPPORT INTERGROUP

1. VIA SQUARE

Use the camera on your phone to scan this QR code to be redirected to the SPI contribution webpage



<https://square.link/u/jlF6dLuj>

2. VIA CASHAPP

Contribute to SPI via CashApp
~ \$spintergroup

Please add SPI to your favorites and consider making regular contributions each time you make 7th Tradition contributions to other groups.

3. VIA CHECK

You are always welcome to stop by during business hours, or mail a personal or AA group check to the office at:

Saint Paul Intergroup
33 Wentworth Ave E, Ste 355
West St. Paul, MN
55118-3431

Thoughts From the Board (continued)

When I read this bylaw, it started to drive home to me how important our groups and their representatives to Intergroup are.

If your group has an issue or concern about Intergroup, this can be addressed in a meeting that the group, through their Intergroup representative, can call for. This, to me, shows the openness of Intergroup and its commitment to serving all in our area who still suffer from alcoholism. We are here at Intergroup to serve our A.A. community! Let us know how that can best be done from your perspective.

At the December 2022 Intergroup meeting, I had the pleasure of meeting many intergroup representatives. They all seemed to be enthusiastic about their involvement in this service experience. I look forward to all of us continuing to work together to help carry the message to the alcoholic who still suffers.

In closing, the remainder of that paragraph from Bill's March 1962 article finishes this way. "When brimming with gratitude one's heartbeat must surely result in outgoing love, the finest emotion that we can ever know." This is my guiding force as I continue in my sobriety and I believe the members of the Saint Paul Intergroup Board and our Intergroup representatives exemplify this, as well.

We will continue to communicate with you through "the language of the heart."

Yours in Service,

Mary U.

Member-at-Large, Saint Paul Intergroup Board

**2023
INTERGROUP
BOARD OF DIRECTORS**

Advisor to the Board (non voting)	Brian M.
Chairperson	Eliot W.
Alternate Chairperson	Renee B.
Secretary	Kelly K.
Treasurer	Bill C.
Alternate Treasurer	Gerry L.
2023 Member-At-Large	Tom W.
2023 Member-At-Large	Angie T.
2024 Member-At-Large	
2024 Member-At-Large	Mary U.
Office Manager	
Web Servant (non voting)	Jonathan L.
Night Owl Coordinator (non voting)	Rachel P.

SPECIAL SKILLS NEEDED

**THE SAINT PAUL
INTERGROUP OFFICE**

is interested in expanding our volunteer base to include people skilled in the following:

- graphic design
- office administration
- retail sales
- human resources/training
- event coordination
- communications
- contract law or legal language

For more information or to volunteer your time, please email altchair@aastpaul.org or call the office at 651-227-5502

LOOKING FOR A SERVICE OPPORTUNITY?

Become a St. Paul Intergroup Night Owl

If you are interested - Contact:
Nightowl@aastpaul.org
to schedule training.

*St. Paul Intergroup Office
33 Wentworth Ave E, Suite 355
West St. Paul, MN 55118-3431
To RSVP - please call 651-227-5502*

STEP TWO

Came to believe that a Power greater than ourselves could restore us to sanity.

A CLOSE CALL AT THE WEDDING

During my initial two months in AA, I had great difficulty with Step Two, which I referred to as "that Higher Power thing." I took my sponsor's suggestion and made the Manhattan Group of AA my Higher Power, but privately, I knew that wouldn't work. Eventually, I went along with the "Group of Drunks" G.O.D. concept. I "acted as if" I had a Higher Power because I wanted to make my sponsor happy. But I didn't believe in God.

I got away with my non-belief until the wedding of my favorite relative, Aunt Ethel. I knew a wedding reception was not the best situation for a recently sober alcoholic. But I also knew that my absence from the event would not improve my already shaky standing with my family. I had two significant concerns. First, the wedding reception venue was in the middle of nowhere in rural Long Island. Not having a car meant a family member would have to drive me to and from the event. I wouldn't have the freedom to leave whenever I might need to. Second, a crowd of partying wedding guests in various stages of getting plastered would severely threaten my newfound sobriety. If ever there was a time to seek my sponsor's experience, strength and hope, it was now. Though he cautioned me to avoid situations where alcohol might be involved, he developed an excellent plan for handling a wedding party.

Back then, there were no cell phones. My sponsor told me to bring my list of telephone numbers and a pocket full of quarters. Then, when I arrived at the venue, I should find the pay phone and call him. Additionally, I should call him or another AA member on my list during the reception if I felt uncomfortable. I was in awe of his wisdom.

On arrival, I found the pay phone downstairs by the bathrooms. But to my horror, a "Sorry, Out of Order" sign was taped to the phone. In a

panic, I found the manager and asked if there was another phone. No, there was not. My heart sank. I felt doomed, as doomed as doomed could be.

The wedding guests were drinking, dancing to loud music and having a great time. And the open bar was serving drinks for free. Now I felt like I was on a ship sinking fast and there were no lifeboats. The only thing I could do was say a prayer to this so-called Higher Power who had put me on the Titanic! I closed my eyes and spoke a sarcastic prayer. "OK God, who is not of my understanding," I prayed, "if it is at all possible, please help me not drink. Please, help me. Please."

Almost immediately, it became evident the prayer wasn't going to save me, as cousin Larry, my former family drinking partner, approached with a big grin on his face. I prepared for the worst. As usual, Larry enthusiastically shook my hand as I asked how he was doing. Larry shrugged his shoulders and said he was fine. But I knew what was coming next. Larry would insist we move to the open bar and get some of that free booze. Again, I would be utterly defenseless. Then he said something entirely unusual.

"I gotta tell you that I'm kind of doing things differently now," he said. "I'm taking things one day at a time."

What?

For a brief moment, I became alert. Could it be? No, not very likely. I decided to throw out a program slogan and see his reaction. "Me too," I said. "I'm kind of taking first things first." Larry's eyes got big. He tilted his head. "Do you mean, like, you're keeping it simple?" he asked. "Um, yeah," I said with a smile. "Like live and let live."

We looked at each other in amazement. Larry swallowed hard before he spoke. "How long have you been a friend of Bill?" he asked. "Only 60 days," I answered. "How about you?" Larry replied, "Counting 58 days today!" Larry leaned closer and in an anxious voice whispered, "The pay phone is broken." I whispered back, "Yeah, I know."

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2023 A.A. West Central Regional Service Conference

March 3-5, 2023
Hosted by Area 41

A.A.'s Three Legacies – Our Common Solution

Conference Registration

Event Registration - \$25
Price Increases to \$30 on 2/1/23

Register Online: [Bit.ly/WCR23Reg](https://bit.ly/WCR23Reg)
Mail-In Form Below with Check by 2/15/23

Unlimited coffee pass available for \$25 - Buy a pass in advance or pay per cup at the Conference
Check out www.westcentralregion.org for more information!

Hotel Information

DoubleTree Omaha Downtown
1616 Dodge St, Omaha, NE 68102

Hotel Reservation - \$119/night
Online Link: [Bit.ly/WCR23Hotel](https://bit.ly/WCR23Hotel)

Friday | March 3, 2023

Past & Present Delegates Only Meetings

11:30 - 1:00pm Sharing Sessions; Lunch (On Your Own)

1:00 - 2:00pm

2:00 - 2:45pm

Events for All WCRAASC Attendees Begin

2:30pm Registration Opens

3:00pm Early Bird Meeting

4:00 - 5:30pm

5:30 - 7:00pm

7:00pm Welcome

7:15 - 8:00pm Presented by Area 40: Our Common Perils and Common Solution

8:00 - 8:30pm Meet the Delegates

8:45 - 10:00pm General Service Conference Agenda Items

Saturday | March 4, 2023

7:00am Early Bird Meeting

8:00am Welcome

8:15 - 10:30am General Service Conference Agenda Items

10:45 - 11:30am Presented by Area 52: Using A.A.'s Literature in Carrying the Message

Saturday continued

Lunch (On Your Own)

General Service Conference Agenda Items

Presented by Area 36: Fostering a Thriving Three Legacy Culture

Breakout Sessions

General Service Conference Agenda Items

Dinner (On Your Own)

Open Speaker Meeting - Carolyn W., Surrey, British Columbia

General Service Conference Agenda Items

Sunday | March 5, 2023

7:00am Early Bird Meeting

8:00am Welcome

8:15 - 9:00am Presented by Area 24: Practicing Our Twelve Traditions Across All Group Settings

9:00 - 10:30am Past Trustee Sharing & Ask It Basket

10:30am Conference Closes

Attend In-Person or Via Zoom
(Zoom link provided after registration)

Conference Website



Conference Registration



Hotel Reservation



To register by mail, send this portion with your check made payable to West Central Region.
Mail by 2/15/23 to WCRAASC, PO Box 22145, Lincoln, NE 68542

Name: _____ Area: _____ City: _____ State: _____

Home Group: _____ Service Position: _____

Phone: _____ Email: _____

Do you need ASL or Spanish translation? _____ ASL _____ Spanish Are you purchasing a coffee pass? _____ Yes _____ No

A CLOSE CALL AT THE WEDDING (CONTINUED)

We both suddenly realized what an incredible stroke of luck we were experiencing. Without hesitation, we gave each other a big hug. "Come on," Larry said, "let's move to the open bar and get some free ginger ale in champagne glasses for when we have to toast the bride."

Larry and I stayed together and made it through the rest of the reception sober and grateful. When I returned home, I immediately called my sponsor and told him the story. He remained silent for several moments before he spoke. "How might you account for such a fantastic coincidence?" he asked. "I don't know," I answered. "Pure luck, I guess."

My sponsor paused for a moment. "In the last couple of months, you've been lucky more than once, haven't you?" he said. I hadn't thought about that, but he was right. I'd had several bouts of luck recently. Once again, he remained silent and then asked a powerful question. "Could it be that what you think of as luck really isn't luck at all? Maybe it's something much larger."

His words had a profound effect on me. A sudden, bright light illuminated the darkness where I'd lived most of my life. After that, everything began to make sense. I came to believe beyond any doubt that my Higher Power had brought me through the doors of AA, kept me sober for almost two months and even answered my sarcastic wedding reception prayer. Of course, my Higher Power had always been there, but until now, I just hadn't seen it.

-Clyde M., Dallas, Texas

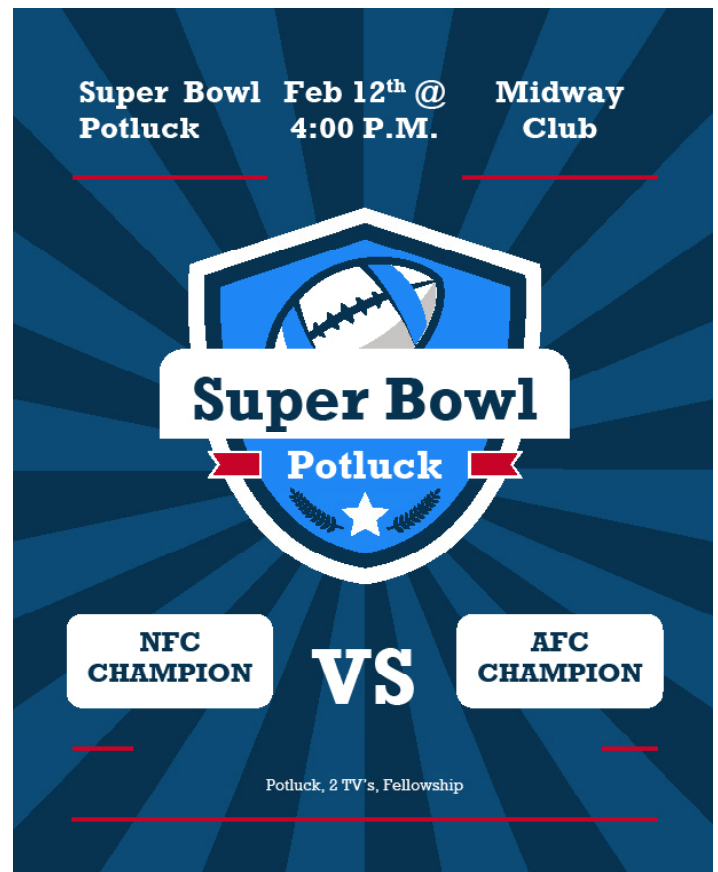


GRAPVEINE QUOTE

***"If the day comes that I do
drink again,
it will not be because I had
no alternative.
It will be because I had an
alternative,
provided by a loving God,
but was unwilling to use it."***

Syracuse, N.Y. , Oct 1994

"Lock Me Up, Please"



TRADITION TWO

For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

SPEAKING UP

I was raised in an alcoholic household. My father was an alcoholic and my mother should have been in Al-Anon. While I was growing up there was always a big elephant in our living room that no one ever talked about. Many times my father came home drunk. He did not help with household chores, he neglected family obligations and was sometimes verbally abusive.

I never felt as though I had permission to talk about what was bothering me. My mom always said that I shouldn't allow my dad's behavior to bother me. But it did. She told me to let what my dad said "go in one ear and out the other." But that's not how it worked for me. His words went in one ear and stayed inside me and never got processed in a healthy way.

I had difficulty forming close relationships, as I could not bring myself to tell friends what was really going on inside me and in my home. I was unable to tell people how I felt.

When I got to AA at 28 years old, I remember trying to verbalize what was really going on inside my heart. It was so difficult for me to do this that I actually experienced pain in my throat when telling my fellow AA members how I felt. This "stuff it" defect of character, my inability to speak about how I felt and what I thought, caused problems in my relationships with friends, as well as in romantic relationships. This defect kept me from being close to those around me. And that is what I craved: a closeness and companionship with others.

I worked on that issue with my AA sponsor, and by working the Steps I learned that this defect of character is rooted in fear. I sought outside professional help and learned a new truth for me, which is this: I have a right to

let family members know when I'm concerned or upset about something. In fact, it's a good thing to voice my opinions or perspective in a healthy and sensitive way. I keep this new truth written down and carry it with me in my purse.

Recently, I have felt uncomfortable with gratuitous use of profanity and cross talk at my home group AA meetings. After one of these meetings, I told an AA friend, Cheryl, that I did not think that this is the way our group should act during meetings. I told Cheryl that I might just go to meetings at a different location instead of making it an issue. That was my old way of doing things, walking off like I've always done without addressing the problem.

"No," Cheryl said, "you need to bring this issue up at the next group conscience meeting." She was tired of the cross talk at the meetings too. I talked with my sponsor about the issue and she encouraged me to bring this up at the group conscience meeting as well.

I reread AA literature about the Second Tradition in Twelve Steps and Twelve Traditions and in The Language of the Heart. Although I did feel uneasy and it took courage to act, I did bring it up at the next group conscience meeting. Turns out, many people at the meeting had the same concern about cross talk and language used at our meetings. The members of the group conscience were supportive and we had a healthy discussion. Motions were made to help reduce or eliminate cross talk and will be voted on at the next group conscience meeting. However not everyone felt the way I did, and I was able to listen to other points of view.

It does not matter so much about the outcome of this particular matter. What's important is that AA provides a safe place for us to voice our opinions. I have learned in AA that I'm in charge of the footwork and God is in charge of the outcome. I need to do my part (speaking up) and then trust God in the results department. A loving God as he may express himself in our group conscience means I need to show up, get over my personal hurdles and speak up as best I can. I now know that what I say matters, it really does. I trust that God is in charge of the rest.

-Tina J (Dallas, TX)

DISTRICT SERVICE MEETINGS

District 8 (Ramsey Co.)

Fairview Community Center
1910 Cty. Rd B West, Rm 108
Roseville
3rd Wed., 7:00 PM
Email: dist8@area36.org (for Zoom info)

District 15 (Wash. Co.)

Christ Lutheran Church
11194 N. 36th St.
Lake Elmo
4th Mon., 7:00 PM
Email: dist15@area36.org (for Zoom info)

District 19 (Dakota Co.)

Rosemount Community Center
13885 South Robert Trail
Rosemount
2nd Wed., 7:00 PM
dist19@area36.org
Email: dist19@area36.org (for Zoom info)



ONE MEMBER'S SECOND TRADITION

CHECKLIST

- B. L. OF NEW YORK, NY

Do I criticize or do I trust and support
my group officers, AA committees,
and office workers? Newcomers?

Old-timers?

Am I absolutely trustworthy, even in
secret, with any AA Twelfth Step job
or other AA responsibility?

Do I look for credit in my AA jobs?
Praise for my AA ideas?

Do I have to save face in group
discussions, or can I yield in good
spirit to the group consensus and
work cheerfully along with it?

Although I have been sober a few
years, am I still willing to serve my
turn at AA chores?

In group discussions, do I sound off
about matters on which I have no
experience and little knowledge?



Service Workshop Sponsored by:
Greater Minneapolis Intergroup
of Alcoholics Anonymous

“It is through service that the greatest rewards are found.”

When: Saturday, February 18, 2023

Where: Bethlehem Lutheran Church

16023 Minnetonka Blvd., Minnetonka, Mn 55345

Lunch Provided

Time: 11:15am to 3:00pm

**Hear panel of members share first hand experience
having served in the following areas:**

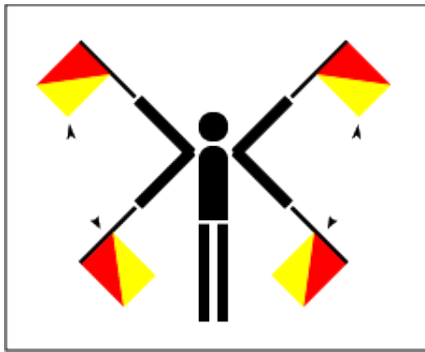
- *Answering Phones
- *Being on the 12th Step List
- *Group Phone Shifts
- *Serving as an Intergroup Rep
- *Area 36 Temp Contact
for Corrections
- *Special Event Committees



- *Night Owl Monthly Shift
- *Early Bird Weekly Shift
- *Daytime Office Volunteer
- *Area 36 Temp Contact
for Treatment
- *Speaking at non AA Facilities

Q & A Time Following the Panel





There is a NEW PO Box for mailing your contributions in to the General Service Office in New York.

General Service Office
 Post Office Box 2407
 James A Farley Station
 New York, NY 10116-2407

**Be sure to use this address for ALL *contributions*.
 Use the Box 459 address for only for general correspondence.**



12th Step
 Calls

3



Office Calls

126



Meeting
 Info Calls

42



Speakers
 Calls

1



Literature
 Purchased

142 Books

THE FOLLOWING GROUPS, MEMBERS AND FAITHFUL FIVER MEMBERS MADE THE ABOVE SERVICES POSSIBLE:

- 11 W. Bernard Group
- A Baffled Lot
- Area 36
- Como Park BB
- Complete Defeat Group
- Cottage Grove Groups (CGAA in the Park)
- CRC Friends of Bill W.
- District 15
- Farmington Monday Night
- Firing Line
- Growers Thursday Night
- Happy Hour Men's Meeting
- Hastings Club
- Highland Park Groups
- Hillside AA
- Inver Grove Heights Club 84
- Lindstrom Groups
- Little Canada AA
- Maplewood Groups
- Mendota 1030 AA Group
- Midway Club

- No Time Like the Present
- North Dale Group
- Pages of Wisdom
- River Falls Monday 6:30
- Saturday Morning PS Meeting
- Saturday Morning Womens Group
- Shoreview 12 x 12
- St. Joes Monday Night - Stillwater
- St. Paul Sun Night Speaker Meeting
- Stepsisters of Northfield Group
- Stillwater Rivertown BB Group Sun PM
- Third Edition Group
- Thursday Night Big Book - Nfld
- Uptown Group
- Wednesday Night Men's 12 x 12
- Weekend Jumpstart II
- White Bear 96 Group
- White Bear Lake AA - Monday Night
- White Bear Wed AM Women's

-
- 40 A.A. Groups contributed \$8,607
 - 5 Gratitude Contributions totaled \$195
 - 24 Faithful Fivers contributed \$565
 - 13 Digital Contributions \$907
-

*Thank You So Very
 Much!*

St. Paul & Suburban Area Intergroup
33 Wentworth Ave E
Suite 355
West St. Paul, MN 55118-3431

Change Service Requested

Non-Profit
Organization
U.S. Postage
PAID
Twin Cities MN
Permit 7451

Please let us know if your address changes one month ahead of time. It saves us the cost of return postage and enables you to get each issue of *The Lifeline*. Our mailing permit does not provide for mail forwarding. THANK YOU!



St. Paul Intergroup **Individual Contribution** Enrollment Form

Your Intergroup strives to be self-supporting, and with your personal support we can continue to carry our vital message of Hope and Recovery to all who need and want it. Your contribution entitles you to a one-year subscription to the Lifeline. Contributions may be made annually, bi-annually, quarterly, or monthly. Please consider becoming one of our *Faithful Fivers* (\$5.00/month), *Terrific Tennes* (\$10.00/month), or *Fantastic Fifteens* & \$15.00/month).

1. Contact Information:

Name: _____

—

Address: _____

—

City: _____ State: _____ ZIP: _____

2. Amount & Frequency:

Amount \$ _____

Frequency: (check one)

Monthly Quarterly Bi-Annually Annually

Start on: _____ / _____ / _____

Faithful Fiver (\$5.00/month)

Terrific Tenner (\$10.00/month)

Fantastic Fifteener (\$15.00/month)

3. Choose a Payment Method:

Credit Card/Debit

Visa MasterCard AMEX Discover

Card # _____ / _____ / _____ / _____

Expiration Date: _____ / _____

Name on Card: _____

Signature: _____

**I authorize St. Paul Intergroup to automatically bill my account as specified (monthly, quarterly, etc). I understand that I am free to cancel this authorization at any time by contacting Intergroup.*

Check - Please make payable to:

Saint Paul Intergroup
33 Wentworth Ave E, Suite 355
West St. Paul, MN 55118-3431