



STEP EIGHT

“Humbly asked Him to remove our shortcomings.”

How long do we delay before doing our Eighth Step?

At 855 Ardmore Avenue in Akron, Ohio, twelve stairs lead to a front porch spanning the front of Dr. Bob and Anne Smith’s home. On June 10, 1998—the sixty-third anniversary of Dr. Bob’s last drink and the founding of AA—I eagerly sprinted up those steps. After touring the home and sitting at the Smiths’ kitchen table to drink coffee with other alcoholics, I met an elderly man on my way out. As we walked to the corner, he said, “Look behind you at the steps. What do you see?”

“Stairs leading to the porch.”

“What do you notice about them?”

“Um—there are twelve, just like the AA steps.”

“Yes!” he said. “But did you notice that there are three levels to those twelve steps? Look how steps one, two, and three are close together, and then you level off before steps four, five, six, and seven. There’s quite a plateau before the eighth step, and then they finish from eight to twelve.”

Thinking back to my first time working the Twelve Steps with my sponsor, that pattern sounded familiar. One, Two and Three came in quick succession. I had then leveled off.

Before making my Fourth Step inventory, I procrastinated and moaned about how I wished there were a form to do it correctly. Eventually my sponsor mentioned that we didn’t have to do all of the Steps perfectly except Step One. She showed me how to use page 65 of the Big Book as my long-lamented Fourth Step form. After I finally completed my inventories for Step Four, we reviewed it as Step Five and then read Six and Seven together. I was certainly ready and willing to have God remove my character defects, all of which stemmed from my selfishness and self-centeredness.

Step Eight was going to take me a long time. Instead of using my Fourth Step list as suggested on page 76 of the Big Book, I again procrastinated—alarmed at the number of people I had harmed. More names popped into my head each day as I showered, drove, or walked the dog. Finally I wrote them all down and asked my sponsor to go over the lengthy list with me. She asked what I had done to harm each person while drinking. When I told her, she began to laugh. She said, “Cate, you don’t have to make amends to someone whom you didn’t want to date or lost touch with after high school.”

I was incredulous. “What? But I harmed them.”

“Do you think they’re moping around today, wishing you were still in their lives?” I sheepishly crossed dozens of names off the list. Apparently life really isn’t all about me, after all. That shortened list soon made it easier to make the actual amends to complete Step Nine; going over Steps Ten, Eleven and Twelve with my sponsor did follow in quick succession and continue to be a daily priority.

Continued on page 4

The Lifeline: Purpose Statement

The Lifeline is the monthly newsletter of the St. Paul and Suburban Area Intergroup, Inc. It is about, by, and for groups and members of the A.A. Fellowship. Opinions expressed herein are not to be attributed to A.A. as a whole, nor does publication of any article imply endorsement by either A.A. or St. Paul Intergroup. We welcome articles on a Step, Tradition or Concept, in addition to descriptions of personal experience. We also welcome original cartoons and drawings expressing the wry side of A.A. experience.

Please email your article to Lifeline@aastpaul.org or send it by regular mail to Lifeline Editor, St. Paul Intergroup, 33 Wentworth Ave E, Suite 355. W. St. Paul, MN 55118-3431. Materials or articles mailed to us cannot be returned unless accompanied by a self-addressed stamped envelope. Intergroup reserves the right to edit submissions for clarity, language, length, and content that might violate A.A.’s Traditions, etc.

St. Paul & Suburban Area Intergroup, Inc.

33 Wentworth Ave E, Suite 355, West St. Paul, MN 55118-3431

Website: www.aastpaul.org e-mail: lifeline@aastpaul.org Fax: 651-290-0209

Office Hours: Monday through Friday — 9:30 AM to 5:30 PM; Closed weekends and holidays

St. Paul & Suburban Area Intergroup Representatives' Meeting Minutes, June 21, 2022 7:30 pm

1. **Opened** with the Serenity Prayer, Introductions, and read the primary purpose of Intergroup
2. **Approved** prior month's minutes (motion: Mike C., 2nd: Roger E.). Motion passed with a majority vote.
3. **Financial Report, Bill C.** – **See the Treasurer's Report for complete financial details.** If you have questions, please email treasurer@aastpaul.org There was a big bump in sales due to the presence at Gopher State (~ \$4,600 - net \$1,300). Individual & group contributions continue to be lower than last year. Operational expenses are up over 2021. Please encourage your groups and other AA members to contribute to Intergroup.
4. **Office Report, Dennis B** - **Please see the Office Report for more info or contact the office at lifeline@aastpaul.org** Supply chain issues continue to plague GSO - please read the article in The Lifeline put out by GSO. 130 sq. feet of storage space added to Intergroup office, which will help with monitoring inventory. The POS system for Intergroup is down - QB customer service made a mistake that corrupted the data. Awaiting word on whether data can be fixed and migration completed.
5. **Night Owl Report, Rachel P.** – **for more information contact Rachel at nightowl@aastpaul.org.** The committee is updating the 12th step call list. 6 open shifts. 1st Wed 10PM-6AM, 1st Friday 5:30-10PM, 3rd Wednesday 5:30-10PM, 3rd Sat 2-7PM, 4th Mon 10PM-6AM, 4th Tues 6-9:30AM. Night Owl Orientation training is offered on the 3rd Sat. of the month at 10 am via Zoom, or individually as requested.
6. **Website Report, Sergey** – **Please see the Web Servant Report for more info or contact Jonathan at webservant@aastpaul.org** 764 regular weekly meetings, 285 groups in the area (down 6 groups & 4 meetings).. 60 changes to the meeting directory in the past month. Website traffic was down compared to May. If you have web development skills, are interested in serving, or have any special group AA announcements, **please email webservant@aastpaul.org.** Please announce this opportunity at your groups.
7. **Outreach Program, Brian M** – The current challenge is finding the business meeting time(s) for Alano club. Only 2 more MIA meetings. If you know anyone who's interested in helping out, have them contact Brian at chair@aastpaul.org.
8. **Update from the Board, Brian M** – A Conflict of Interest policy was approved and will be implemented. Intergroup event responsibilities were re-distributed. If you have questions or would like more information, please email chair@aastpaul.org.
9. **Liaison Reports:**
District 8 (Ramsey County): No liaison present. District meeting is held on the 3rd Wednesday of the month on Zoom.
District 15 (Washington County) - Heather B. Next sponsorship forum will be held in September. An "ABC's of the Service Manual" workshop will be held in October. There is a new website design being implemented, as well as an outreach program for the district. District 15 will have a presence at both the Washington County Fair & MN State Fair.
District 19 (Dakota County): No liaison present. Information can be found in The Lifeline.
10. **Intergroup Events - Gopher State Roundup - Rachel P. - May 27th - 29th.** The hospitality suite went well - people brought food, located on the 2nd floor this year. There was a good amount of traffic as well as volunteers. We netted about \$1,300.. **Intergroup Open House - Renee B. - July 9th.** The Intergroup Open House will be held at the office location (33 Wentworth Ave) on July 9th from 1-4PM. There will be hot dogs, treats, refreshments, AA literature and other items for sale, a 50/50 raffle, contributions accepted, and it will be an outdoor event. The 50/50 raffle will be cash only.
11. **Old Business** – no old business
12. **New Business** - Nomination of a new Alternate Board Chair for the Intergroup board - Renee B. nominated Eliot C., who inquired about the requirements. Eliot C. accepted the nomination. The "Intergroup Scoop", which started to keep folks up-to-date with COVID Meeting updates, has shifted to providing other information such as info from GSO, lists of MIA groups, and other info that's more time sensitive than the monthly newsletter. To join the distribution list, please send an email to lifeline@aastpaul.org.
13. **Group AA Announcements:**
Ken S - Area 36 has been asked by AAWS to staff a table at the American Psychology Association national conference in Minneapolis on 8/4-8/6. Volunteers are needed for this event. If you are interested in helping out, please reach out to Ken S. at cpc@area36.org.
Eliot W - OMD will be having their yearly picnic at Hidden Falls on 7/20 at 3:30PM. There will be food & fun.
Rachel P - Rule 62's Annual Potluck celebration will be at 6PM on 6/25. Potluck at 6PM, open speaker meeting at 7PM.
14. **Suggestions for next month's agenda:** Please contact Kelly K at secretary@aastpaul.org.
15. **Grapevine Report:** Christian. ; **Volunteer for July:** Brian M.
16. **Concept Review: Concepts VI:** Mark R. ; **Volunteer for VII:** Ken S.
17. **Mock Rep Report:** Kelly. ; **Volunteer for July:** Mike C.
18. **Closed** with the Responsibility Statement

Brian M - Chair, Outreach	Bill C - Alt Treasurer	Elly C - Member-at-large	Delores - Practicing these Principles
Rachel P - Advisor	Elly C - Member-at-large	Sergey K - Web Servant	Dennis B - Office Manager
Kelly K - Secretary	Roger E - Member-at-large	Camille K - A New Light	Dave O - DCM District 15
Bob H. - Third Edition	Steve C. - Hole in the Donut	Lisa L - WBL Women's AA	Nancy R - 112 Read this Book
Christian C - SPOSM	Mandy - Pocketing Our Pride	Ken - Como Park BB	Dave P. - Happy, Joyous & Free
Lisa - Midway Club	Eliot W - OMD	Melana M -	Gary B - No Time Like the Present
Steve C - Hole in the Donut	Mike C - New Brighton Alano	Ken S. - CPC Area 36	Heather B - Safe Haven, Dist 15
Mark R -	Gwen - Fireside Womens BB	Steve C - HITD	Ryan B - One More Was Added....

Next Meeting: July 19, 2022 at 7:30 PM

SELF-SUPPORT SUGGESTIONS FOR GROUPS

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”
The Conference-approved pamphlet: “Self-Support: Where Money and Spirituality Mix” offers the following suggestions for the distribution of group funds after group expenses have been paid:

50% St. Paul Intergroup

.....
33 Wentworth Ave E.
Suite 355
West St. Paul, MN 55118-3431

30% General Service Office

.....
P.O. Box 459
Grand Central Station
New York, NY 10163

10% Southern MN Area 36

.....
Southern Minnesota Area Assembly
P.O. Box 2812
Mpls., MN 55402-0812

10% District Committee

Ramsey County:

District 8, P.O. Box 131523
St. Paul, MN 55113

Dakota County:

District 19, P.O. Box 1466
Burnsville, MN 55337

Washington County:

District 15, P.O. Box 181
Lake Elmo, MN 55042

LOOKING FOR A SERVICE OPPORTUNITY?

Become a St. Paul Intergroup Night Owl

If you are interested - Contact:
Nightowl@aastpaul.org
to schedule training.

*St. Paul Intergroup Office
33 Wentworth Ave E, Suite 355
West St. Paul, MN 55118-3431
To RSVP - please call 651-227-5502*

2022 INTERGROUP BOARD OF DIRECTORS

WELCOME NEW BOARD MEMBERS!

Advisor to the Board (non voting)	Rachel P.
Chairperson	Brian M..
Alternate Chairperson	Eliot W.
Secretary	Kelly K.
Treasurer	Lindsey D.
Alternate Treasurer	Bill C.
2022 Member-At-Large	Jennifer G.
2022 Member-At-Large	Elly C.
2021 Member-At-Large	Renee B.
2021 Member-At-Large	Roger E.
Manager	Dennis B.
Web Servant (non voting)	Jonathan L.
Web Servant (non voting)	Sergey K.
Night Owl Coordinator (non voting)	Rachel P.



Office Volunteers:

Mary D, Lynn E., Nancy T, Sam,
Roger E., Debbie L., Suzanne,
Frank D, Bernie, Joy



Step Eight - continued from page 1

Waiting so long to work Step Eight and make a list of all persons I had harmed caused me to include practically every person I had ever met—most boyfriends, classmates, teachers and co-workers, and all of my employers. When my sponsor pointed out that the Eighth Step list should have been aligned with my Fourth Step list of resentments, fears and sexual misconduct, she lightened my Ninth Step load. My apprehension about contacting these people and making genuine, heartfelt amends dissipated when I realized that my side of the street had to actually need sweeping.

The twelve steps up leading up to Dr. Bob’s house in Akron, the birthplace of Alcoholics Anonymous, do mirror my own pattern the first time I worked my Twelve Steps. Had I followed the instructions so clearly laid out in the Big Book, I would not have had those agonizing plateaus before Steps Four and Eight.

Like many alcoholics, my “four Ps” of pride and perfectionism have led to procrastination and eventual paralysis. Book study meetings and frank talks with a sponsor can clear up frightful misconceptions about working the steps. What a relief that we only need to make progress, not achieve perfection.

*Cate M., Rancho Murieta
By The Wya Newsletter
Central California Fellowship*



TRADITION EIGHT

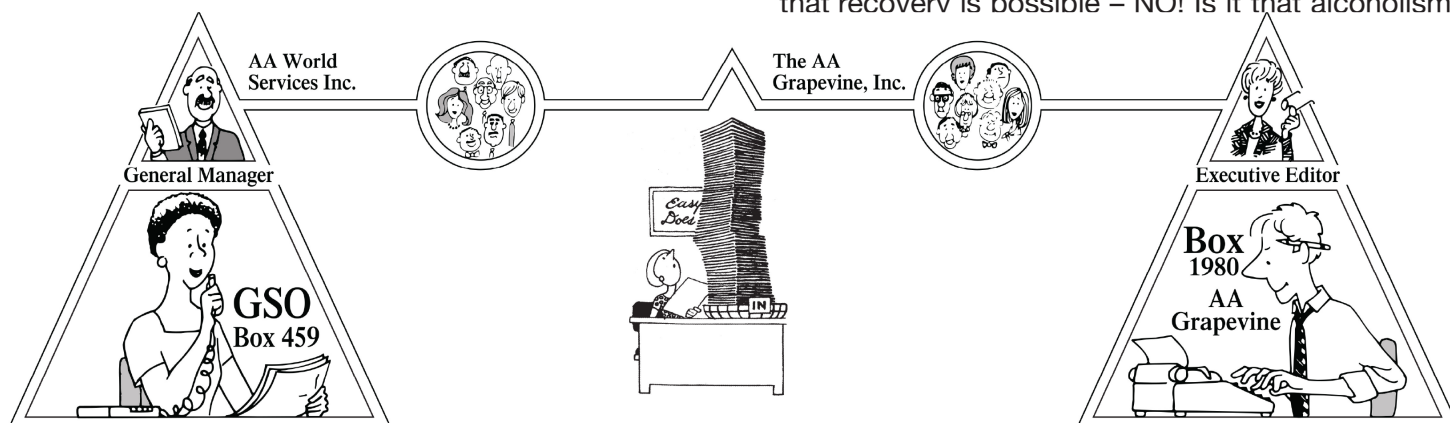
“Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.”

IT'S fairly easy to get off on the wrong foot with this Tradition. To a ‘black & white’ thinker—as many of us are in early sobriety and, perhaps, even later—this Tradition means ‘don’t do anything for money that is remotely connected to recovery.’ This is the mentality that is often described as “throwing the baby out with the bath water.” Isn’t it interesting that when we ought to practice some ability to discern one aspect of a problem from another – we go straight to the ‘all or

all revolves is Twelfth Step work. Maybe before we delve into what was mentioned in the previous paragraph, we ought really consider the activity of Twelfth Step work.

What is Twelfth Step work and who is responsible. So many times we hear someone describe a project as Twelfth Step work merely to add a sense of importance to the activity or in an attempt to elicit volunteers for it. So maybe the best approach it to actually ask ourselves what the Twelfth Step asks of us. That may provide some clarity around our question of what the ‘work’ is.

Step Twelve asks two things of us; first it asks us to carry this message and secondly it asks us to practice these principles. So, it is reasonably to suggest that the actions which accomplish these two things would be considered ‘Twelfth Step work.’ The first is key, because so many of our members appear to be confused about it. They seem to think the phrase is “carry a message” or perhaps “Carry the message” when they look at Step Twelve. Is it that ‘recovery is possible – NO! Is it that alcoholism



nothing’ approach. And yet when it is suggested we might take this approach with believing in a Higher Power – we want to defer to a very wide-ranging approach. It seems we just have it all backwards!

So it may be better to see if we can determine what is involved in this practice of this Eighth Tradition. Reviewing what our co-founder Bill wrote, it appears that anonymity is a component, as well as the three horsemen of money, property and prestige. That pretty much covers both ends of the spectrum, doesn’t it? No middle ground here!

The environments involved are two—the professions that have any contact with or impact on the problem of alcoholism and the professional survives required for Alcoholics Anonymous groups and members to be able to do their Twelfth Step work. The core here—the thing around which this

is an illness/disease? – NO! Is it that they must go to A.A. to get sober? – NO! Is it that they have to go to treatment to get sober? – NO! It is none of those things or anything like that.

What is being referred to in the phrase “carry this message” can be found in the ABC’s of How It Works. “...that no human power can relieve us of our alcoholism and ...God could and would if He were sought.” Now we can point to the first Twelfth Step action as being sharing with a still suffering (drinking) alcoholic that they need to find a way to connect with heir Higher Power – whatever that is. So if any activity does not contain this as a component – it should not be considered Twelfth Step work.

Secondly, we are asked to ... practice these principles in all our affairs.” Just what are our “affairs?” We can easily see what they are by looking

DISTRICT SERVICE MEETINGS

District 8 (Ramsey Co.)

Currently meeting on Zoom

3rd Wed., 7:00 PM

Email: dist8@area36.org (for Zoom info)

District 15 (Wash. Co.)

Christ Lutheran Church

11194 N. 36th St.

Lake Elmo

4th Mon., 7:00 PM

Email: dist15@area36.org (for Zoom info)

District 19 (Dakota Co.)

Rosemount Community Center

13885 South Robert Trail

Rosemount

2nd Wed., 7:00 PM

dist19@area36.org

Email: dist19@area36.org (for Zoom info)

A SAMPLING OF A.A. ADVISORY ACTIONS FROM THIS YEARS GENERAL SERVICE CONFERENCE

A sampling of Advisory Actions from the 2022 General Service Conference appears below in abbreviated form. A complete list, along with the full report of additional items considered by each Conference committee, will be published in the Conference Final Report (available from G.S.O. in late summer).

Agenda — That the theme of the 2023 Conference be “A.A.’s Three Legacies – Our Common Solution.”

Literature — That text regarding safety and A.A be added to the pamphlet “Questions and Answers on Sponsorship” and the booklet Living Sober; the draft of the pamphlet “Young People and A.A.” be approved; these updated pamphlets be approved: “Is A.A. for You?,” “Is There an Alcoholic in Your Life?,” “Frequently Asked Questions About A.A.” and “This Is A.A.”

Policy and Admissions — That the compilation of all Conference committee background be made available simultaneously in English, French and Spanish.

Public Information — That revisions be made to the pamphlet “Understanding Anonymity” regarding virtual A.A. meetings and in the section “Anonymity in the digital age”; the outdated “A.A. Fact File” be retired; a 2022 A.A. Membership Survey be conducted.

Report and Charter — That The A.A. Service Manual be revised to correct inaccuracies and to provide clarity and consistency on the roles, responsibilities and relationships between the General Service Office, AA Grapevine and A.A. World Services, Inc.

Treatment and Accessibilities — That the Long Form of Tradition Five be added to the pamphlet “The A.A. Group” in the section “What is an A.A. Group?” at its next printing.

Trustees — That the trustees’ Literature Committee revise the pamphlet “Do You Think You’re Different?” to update the stories to represent greater diversity.

Floor Action — That the trustees’ Literature Committee continue to make edits to the draft pamphlet “The Twelve Steps Illustrated.”

2025 INTERNATIONAL CONVENTION Q&A

Q. When and where will the 2025 International Convention take place?

A. The 90th anniversary of Alcoholics Anonymous will be celebrated at the 2025 International Convention in Vancouver, BC, Canada, July 3 – 6, 2025.

Q. What is the theme of the 2025 International Convention?

A. The theme of the 2025 International Convention is “90 Years — Language of the Heart.”

Q. Have A.A. International Conventions been held in Canada before?

A. Yes. There have been International Conventions in Toronto (1965), Montreal (1985), and Toronto (2005). As you may know, the Responsibility Statement was adopted at the 1965 International Convention in Toronto.

Q. Are there any restrictions or regulations affecting travel to Canada in 2025?

continued on page 8

St. Paul Intergroup

**ICE CREAM SOCIAL AND LONG
TIMERS RECOGNITION
AUGUST 13, 2022 1PM-4PM**

Join St Paul Intergroup for our
Annual Ice Cream Social and
recognition of those with more
than a quarter century of
continuous sobriety

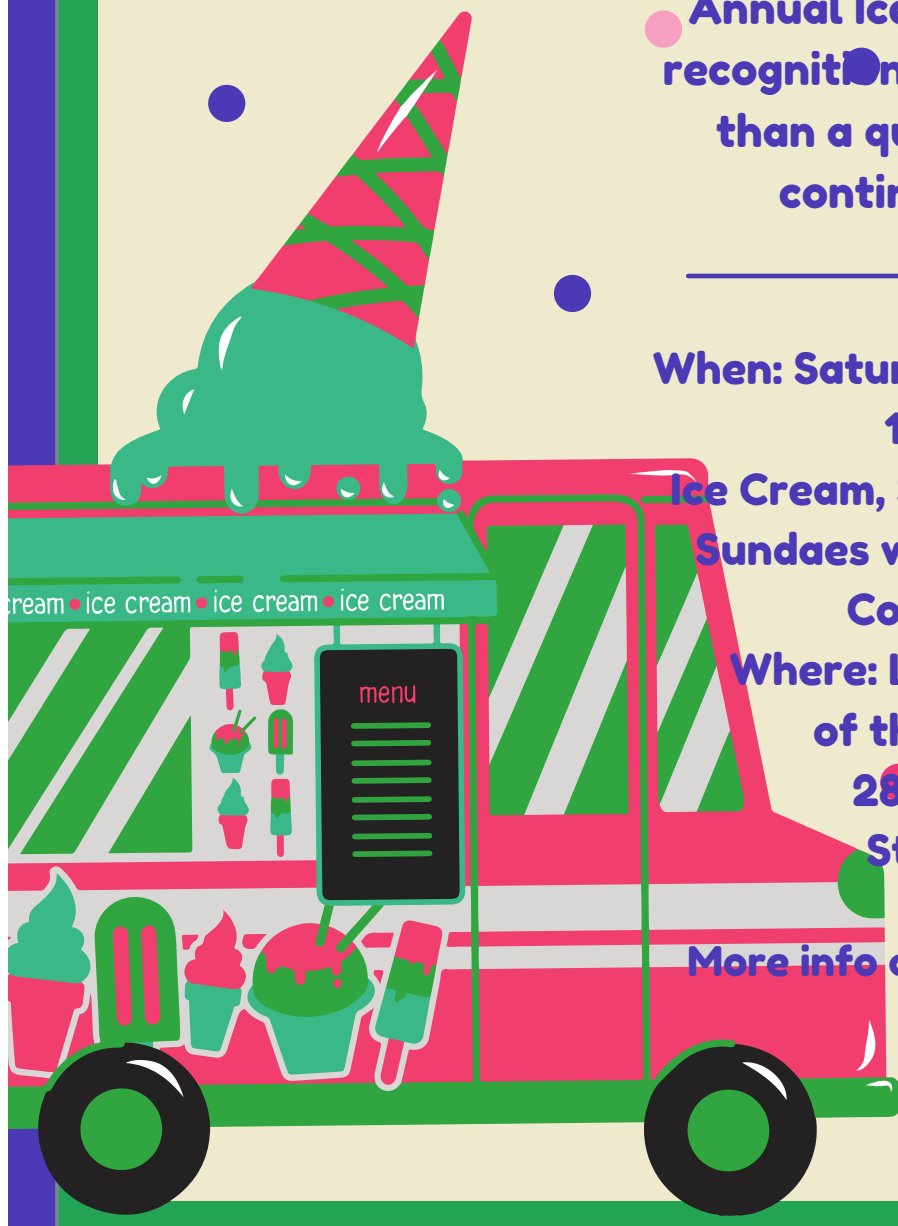
**When: Saturday August 13, 2022
1PM - 4PM**

**Ice Cream, Speakers, Ice Cream
Sundaes with all the fixing's!**

Come Join Us!

**Where: Lutheran Church
of the Redeemer
285 Dale St N
St Paul, MN**

More info at: www.aastpaul.org



continued from page 5

at the chapters of our book, Alcoholics Anonymous. There is one entitled “To Employers,” and another entitled “To Wives,” and still another entitled “The Family Afterward.” It is reasonable to suggest that these are the majority of our ‘affairs.’ So Twelfth Step work ought to include some aspect of practicing the principles that underlay the AA program with them.

So now we come to the precautionary portion of this Tradition. We noted that ego, money, property, and prestige were factors for consideration here. Interestingly, these are also the same things that many of us thought would solve all our problems—but they did not. And so we drank and finally found our way to AA. While they were the horsemen that carried us in here—they can also be the horsemen that will carry us out.

It is here that the compassion that AA has for its members truly shows through. Certainly, if we had folks running around claiming to be ‘official AA’s’ there would be much trouble. The world would not know who to believe. Today we can witness the impact of that on organizations who find themselves subject to the whims of some of their members. In this case, the threat that may have been greater in our past has been reduced considerably.

However, these horsemen don’t disappear – they simply lay in wait for other opportunities. Today the greater threat comes from AA’s who appear to desire the same status they think Bill enjoyed. They fail to understand how much of a double-edged sword that was for Bill. They speak to large crowds and develop a following. That is as harmful for them as it is for the ‘followers.’ They are not ‘special workers’ in the sense suggested by Tradition Eight.

We do have special workers, although it’s too bad we don’t have a better term to use for a description. The word ‘special’ implies more than it should. However, these are people whose AA experience must be utilized simply to execute their responsibilities. But we ought always bear in mind they can suffer from the horsemen’s influence as well. In this we need to be careful for the employees sake as well as that of our society.

There is a very fine line that needs to be drawn here. These workers are to use their AA experience to assist in ensuring that AA’s can carry out their Twelfth Step work—not do it for them. In that sense, their job is to help make it possible for AA members

and groups to carry their message. This is often a difficult balance to maintain - but maintain it we must!

To sum this all up, the most critical point to take away from this is just this: It is our opinions that are the problem—and *God’s will that is the solution!*

continued from page 6

INTL CONV INFO

A. Yes. The U.S. and Canada each have restrictions and regulations that apply to citizens and visitors who travel from one country to the other. Border crossing into Canada has significantly changed, particularly in the last two years. (Access links appear below for more information.)

Q. Who will have to process forms and applications to gain admission to Canada?

A. It is suggested that those who believe they have some past legal incident, such as a DUI or felony that could inhibit their attendance at the 2025 International Convention, seek assistance/information by accessing the Government of Canada link noted below.

Q. What Canadian travel information is currently available?

A. The International Convention assignment at G.S.O. is not yet up-and-running. However, below is a resource to aid members in making plans to attend the 2025 International Convention (most questions can be answered by connecting to the links below). Also, a good travel book on Canada will provide valuable information on needed documents and border crossing requirements, as well as vacation tips.

Details on entry requirements are available here:

<https://www.cbsa-asfc.gc.ca/menu-eng.html>

Information for those who may have entry issues due to past criminal history: <https://www.cic.gc.ca/english/helpcentre/index.asp>

Q. When will registration and hotel information be available?

A. General registration and housing information will be available on the International Convention webpage in early 2024. Actual registration site links, forms, and hotel booking links will be communicated to the Fellowship in August/September 2024.

Information on General Service Conference Actions & International Copnvention information excerpted from the Summer Edition of the BOX 459 Newsletter from GSO ©AAWS, Inc



DISTRICT 15

SPONSORSHIP FORUM



Come to this forum if you'd like to:

- ***Listen*** to an AA member share their personal experience as a **sponsee** and what it's done for their sobriety
- ***Listen*** to another AA member share their personal experience as a **sponsor** and what they've learned
- ***Stay*** for a Q & A session followed by fellowship and a chance to meet other members of AA



WHO: District 15

WHERE: Christ Lutheran Church
11194 36th St. N.
Lake Elmo, MN

WHEN: **Sept. 14 at 6:30 pm**

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

If you have questions please contact: Dave O. at 651-332-0194

Join us in person or listen on ZOOM* at:

883 4038 0283

Passcode: 0ER2gc

*Listen only -- not interactive



THOUGHTS FROM THE BOARD

My name is Elly C. and the date I began this period of sobriety is January 14, 1978. Before that date, I had several self-created long periods of freedom from alcohol, BUT when I thought I could drink again, I would get lost in my addiction. AA stopped that with Fellowship, sponsorship and WORKING the 12 Steps.

Thank you, HP.

Now, being an octogenarian, and celebrating 44+ years of continuous sobriety in AA, I STILL LEARN – every day – how to LIVE within the Freedoms of this Program.

I currently have 3 sponsees and I am looking for another Sponsor.

Before I got into AA in 1978 – I was in a 26 hours per week – out-patient CD Treatment Program through Fairview Southdale Hospital for 13 weeks where 2 AA gentlemen from an AA group in Bloomington, MN came to our treatment center every Friday evening to give us CD PATIENTS an AA meeting.

Through these two gentlemen, Don B. & Don B., I was introduced to my first AA Sponsor, Marge R.

Marge took me through my 4th Fourth Step within my first 10 months of sobriety. Wow!! Marge suggested that I find –at least– one positive personal attribute for each of the RESENTMENTS and people on my legal pad which she reviewed for 3 days.

Also enhancing my early sobriety was the summer 1978 St. Francis 4th Step RETREAT In Prior Lake, MN. Not having been raised a Roman Catholic, I was swept away with the music and study. My new AA friend out there in Prior Lake, explained to me that I had had a “Mini-Fifth Step” with Father Arnold Luger.

I continued my Fifth Step w Fr. Luger with a few more visits to him at his office.

In the early 1980’s I asked Gladys G. to sponsor me and we attended the Montreal AA International Conference with a group of AA women.

Today I have just completed, again, reading another chapter of the Big Book, with a sponsee: “To Wives.” It is a gift to me to read with another woman who also loves this Program.

Love and peace to ALL.

AA WORKS when WE work it.

Elly C



12th Step Calls

3



Website Visits

8,115



Office Calls

112



Night Owl Calls

251



Meeting Info Calls

47



Speakers Calls

12



Literature Purchased

155 Books

THE FOLLOWING GROUPS, MEMBERS AND FAITHFUL FIVER MEMBERS MADE THE ABOVE SERVICES POSSIBLE:

- 11 West Bernard Grp
- Children of Chaos Plus
- Clay City AA
- CRC Friends of Bill W.
- Firing Line
- Gloria Dei AA
- Gratitude In Action
- Grovers Thursday Night
- Happy Hour Men’s Mtg
- Highland Park Groups
- Inver Grove Heights Club 84
- Mendota 1030 AA Grp
- Midway Club
- North Dale Group
- Oasis Group - Apple Valley
- Pocketing Our Pride
- Ridge Runners II - SAT 830 AM
- Rosemount Groups
- Sat Morning PS Meeting
- Third Tradition - Nfld
- Wed Nite Biltmore Mens Grp
- Wed Nite Mens 12 x 12
- White Bear 96 Group



- 24 A.A. Groups contributed \$ 3,181
- 7 Gratitude Contributions totaled \$ 1,565
- 27 Faithful Fivers contributed \$ 535
- 7 Digital Contributions \$ 216
- 11 Online Sales \$ 633
- Event Contributions \$ 437

Thank You So Very Much!

SHARE YOUR STORY IN THE FIFTH EDITION OF THE BIG BOOK

The A.A. General Service Office in New York is requesting submissions of personal stories to be used in the Fifth edition of the Big Book. The criteria are:

- 1) 3500 words, double spaced, in 12 point type. Handwritten manuscripts should be approximately 5-6 pages. Stories will be accepted in English, Spanish and French.

If you have any questions, please email:
5BBStory@aa.org

S
P
A
N
I
S
H

The A.A. General Service Office is calling for sharing from the Hispanic community for inclusion in the Fourth Edition of the Spanish Big Book. The same criteria as was mentioned above for the Fifth Edition. In addition, they will accept manuscripts related to ethnic, cultural gender and LGBTQ diversity; etc. Email: 4LGHistorias@aa.org Put "Fourth Spanish Edition on the envelope. Send to: Box 459 Grand Central Station, New York, NY 10163

A.A.
FOR
THE
BLACK &
AFRICAN -
AMERICAN
ALCOHOLIC

The A.A. General Service Office in New York is requesting submissions of personal stories to be used in the pamphlet noted above. The criteria are:
1) 3500 words, double spaced, in 12 point type. Stories will be accepted in English, Spanish & French. email: pamphletstories@aa.org with your submissions or questions



**THIS IS YOUR
OPPORTUNITY TO
SHARE YOUR
EXPERIENCE, STRENGTH
AND HOPE WITH MANY
OTHER ALCOHOLICS IN THE U.S.
AND CANADA.**

St. Paul & Suburban Area Intergroup
33 Wentworth Ave E
Suite 355
West St. Paul, MN 55118-3431

Change Service Requested

Non-Profit
Organization
U.S. Postage
PAID
Twin Cities MN
Permit 7451

Please let us know if your address changes one month ahead of time. It saves us the cost of return postage and enables you to get each issue of *The Lifeline*. Our mailing permit does not provide for mail forwarding. THANK YOU!



St. Paul Intergroup *Individual Contribution* Enrollment Form

Your Intergroup strives to be self-supporting, and with your personal support we can continue to carry our vital message of Hope and Recovery to all who need and want it. Your contribution entitles you to a one-year subscription to the Lifeline. Contributions may be made annually, bi-annually, quarterly, or monthly. Please consider becoming one of our *Faithful Fivers (\$5.00/month)*, *Terrific Tanners (\$10.00/month)*, or *Fantastic Fifteeners & \$15.00/month*.

1. Contact Information:

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____

Email: _____

2. Amount & Frequency:

Amount \$ _____

Frequency: (check one)

Monthly Quarterly Bi-Annually Annually

Start on: _____/_____/_____

Faithful Fiver (\$5.00/month)

Terrific Tenner (\$10.00/month)

Fantastic Fifteener (\$15.00/month)

3. Choose a Payment Method:

Credit Card/Debit

Visa MasterCard AMEX Discover

Card # _____/_____/_____/_____

Expiration Date: _____/_____

Name on Card: _____

Signature: _____

**I authorize St. Paul Intergroup to automatically bill my account as specified (monthly, quarterly, etc). I understand that I am free to cancel this authorization at any time by contacting Intergroup.*

Check - Please make payable to:

Saint Paul Intergroup
33 Wentworth Ave E, Suite 355
West St. Paul, MN 55118-3431