



Step One: We admitted we were powerless over alcohol - that our lives had become unmanageable.

The first sound I hear is the revving of an engine. It doesn't mean anything but I hear it. Then I'm feeling this pulling across my chest, but none of this makes any sense yet. It isn't until I open my eyes and slowly realize that I had rolled my car that I am aware of the situation I was in.

Step One has always been a journey for me. It started years before I was even introduced to the 12-Steps. I can't say "I remember the first time I drank." I just know I was exposed to alcohol as a kid while at the lake, and once I realized what it did for me I wanted to keep feeling that way. Looking back I didn't know if I felt awkward or was looking for something to fill me. I just remember liking myself more when I was drinking, and I think "you" liked me more too.

This relationship with alcohol began to create conflicting messages in my thoughts, emotions, and life almost immediately. I loved the effect it created, but it wasn't before long my friend's parents didn't want their kids hanging out with me. My own parents would try to talk to me, but I couldn't see it. When I got my first DUI, I blamed others. My perceived gain from alcohol helped me remain in denial about the impact it had on my life. This continued for over a decade. Those few moments of clarity, where I might tell myself I need to stop, were quickly pushed to the side with ideas of I'll quit when "I really" want to or I'm not as bad as "that guy."

As the ramifications and use continued to increase I sought many ways to try to manage my consequences. Although I was living and experiencing my developing alcoholism, I was oblivious to what was actually occurring.

While I had had brief moments of clarity, I can't say that I honestly wanted to stop until the last 8 months of my use. This is one of the most baffling aspects of this disease. Once I made the decision I wanted and even needed to stop I truly experienced my powerlessness. The next month was a cycle of failed attempts, growing frustration and feelings of worthlessness, which led to compounding shame. I remember being in the shower, crying about my current situation, all the while drinking. I tried therapists, psychiatrists, prayer, and "outside issues." At my core I am a coward, and didn't have the courage to walk into the rooms. This cycle could have persisted as I continued to try to exert self-will to overcome my alcoholism.

On Sunday, May 5th, 2013 I left my house to get some alcohol. On my way home I realized what I had would not be enough. I decided that I needed more. I don't remember much of the rest of that day. Looking back I realize I must have went to three different bars multiple times and in a state of black out. On my way home I rolled my car. Only then did I come to I realize that I needed help, and became willing to do more than I've done in the past.

Today AA, the 12-Steps, and spiritual growth fill my life. I now have a relationship with a HP based on my experiences working these steps. I am fortunate to have a fellowship of men and women who are there when I truly need them. Step One wasn't an easy road, but without it I would not be the individual I am today. This means continuing to remember that I'm powerless over alcohol, staying connected with others that help me remember this and applying the 12-Steps to my daily life.

David D., St. Paul, MN

Tradition One: Our common welfare should come first; personal recovery depends upon A.A. unity.

UNITY DISRUPTED

I will never forget the first time I really understood the meaning of Tradition One and how important our common welfare was to me personally. I was sitting in my home group meeting one morning a little after 7A.M., not quite awake but aware that I was safe among friends. These were the people who'd been there for me as I learned how to stay sober and live a life of love and service. Through the sharing of their own experience, I've learned the spiritual principles of the Steps and Traditions.

My home group is a large group that meets six days a week, has a lot of long-term sobriety and a very strong service structure. The monthly home group meetings (what we call business meetings) are often focused on what we can do to better carry the AA message to the newcomer. We celebrate birthdays by giving away AA literature and Grapevine. The minority is respected and encouraged to speak. As a result of this concerted effort to examine ourselves, our group continues to grow and prosper and attract newcomers.

That morning, a fellow (a new face) stood and began to hold forth, to preach really, about the Bible. Suddenly, I was no longer in a meeting of Alcoholics Anonymous but a revival meeting. I was extremely uncomfortable and fearful. I wanted to say something, to interrupt him, but either I couldn't figure out a way to do so as not to embarrass him or myself or I didn't have the courage. So I sat there looking at my feet, feeling miserable and hoping that any newcomers in the room would somehow know this was not the message of AA.

After a few minutes, a member of the group interrupted the man—rather gruffly everyone later agreed—and told him this was an AA meeting and that we really didn't want to hear about the Bible, and he asked him to sit down. The room heaved a silent and collective sign of relief. Thank goodness someone had thought more of our common welfare than of his own ego, and had the courage to speak up. There were a few minutes of awkward silence before the chairperson quickly called on someone else and the meeting got back on its normal footing.

Naturally, this incident was a topic of much discussion at the next home group meeting. It provided the basis for a lengthy discussion about Tradition One and how we could deal with disruptive people in the future. We all worried that telling someone that their sharing wasn't appropriate might jeopardize their sobriety. If embarrassed they might go out and drink. Others felt strongly that the welfare of the group as a whole was more important and that we had a responsibility to the newcomer to carry the message of AA. If our group failed in our primary purpose, newcomers would not be attracted to our meet or worse yet, would not stay.

The result of this discussion was increased unity for the group. Everyone had their say and in the end we agreed that our common welfare as a group must come first. We would do our best to lovingly explain Tradition One to anyone who disrupted the group.

To participate in God's will through the group conscience process was a tremendous spiritual experience for me. I understood that in being a member of AA and of my home group, I was part of something much greater than I was. For this I am truly grateful. The principle of putting AA's welfare above my own self-interest teaches me humility and self-sacrifice. These are principles that do not come naturally to a "me-first" alcoholic. But it's its tremendous way to live.

- Anonymous, Maui, Hawaii

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The Lifeline: Purpose Statement

The Lifeline is the monthly newsletter of the St. Paul and Suburban Area Intergroup, Incorporated. It is about, by, and for groups and members of the A.A. Fellowship. Opinions expressed herein are not to be attributed to A.A. as a whole, nor does publication of any article imply endorsement by either A.A. or Intergroup. We welcome articles on a Step, Tradition, or Concept, in addition to descriptions of personal experience. We also welcome cartoons and drawings expressing the wry side of our A.A. experience.

Please email your article to lifeline@aastpaul.org, or send it by regular mail to Lifeline Editor, St. Paul Intergroup, 608 Seventh Street West, St. Paul MN 55102. Materials or articles mailed to us cannot be returned unless accompanied by a self-addressed stamped envelope. Intergroup reserves the right to edit submissions for clarity, language, length, and content that might violate A.A.'s Traditions, etc.

Thoughts From Your Board

Back in 2005, I was sober for over 20 years but hanging around on the fringes of Alcoholics Anonymous. I'd become complacent and stagnant in my recovery. As God would have it, I ran into my good friend Judy H., and she asked me if I'd like to serve on the committee for hosting the International Women's Conference in Minneapolis in 2006. I was hesitant, because it was a year-long commitment, and I'd never done service on that scale before. With some prodding from more active members of AA, I accepted the offer.

That service commitment marked a turning point in my sobriety. I became a part of AA in a new and meaningful way. I met some amazing women, many of whom are still good friends today. They taught me so many things! I learned how to honor a commitment, how to cooperate, how to say yes (even in doubt). I learned how to own up to mistakes, learn from them, and move on. The 12 traditions came to life for me in a way I'd never experienced before. I got to work closely with and get to know Patty B., who has since passed away. She told me something that I carry with me in many parts of my life: "When you put on an event, some things will go well. Some things will not go well. In the end, everything will be OK." I try to pass these words of wisdom on to others who have volunteered their time and effort for AA events. (I try to use it at work, too, but those folks are somehow less receptive.)

Since that conference, I have done AA service work in a number of capacities, the most recent being a 3-year commitment to the St. Paul Intergroup Board. My term ends December 31, 2018. Again, I have met some amazing people who have taught me so many things! I hope we remain friends. During my tenure on the Board, some things have gone well. Some things have not gone well. In the end, I have confidence that everything will be OK. New members will come to this service opportunity with fresh ideas and new energy. That's what the spirit of rotation in service work is all about. I wish them well.

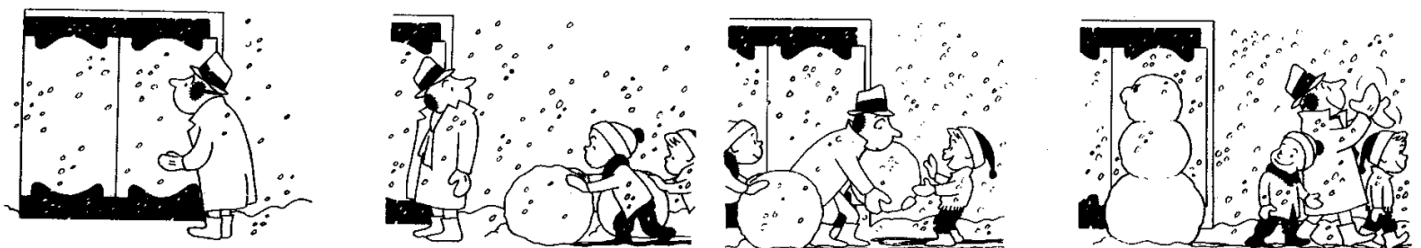
Whether you are fairly new to sobriety or a slow starter like me, I encourage you to say yes to service opportunities, even if you are reluctant or afraid. People who have done it before are always there to help. The rewards are priceless.

My interest in St. Paul Intergroup does not end with my term on the Board. I will continue to support it in any way I can.

A heartfelt thank you for letting me be of service.

- Jenni S.

Advisor to the Board





St. Paul
Intergroup's
annual

Spring Fling!

2019 - Date & Time TBA

*Lutheran Church of the
Redeemer*

*285 North Dale Street
(just south of 94)
Saint Paul, MN 55101*



Dinner –TBD

**Open
Speaker Meeting
Dance**



Contribution: \$10 Entire Evening, or \$7 Dinner Only, or \$5 Dance Only
~~No one turned away for lack of funds~~

For More Information Call 651-227-5502



ASL Interpreted, upon request.
Please contact Staff at St. Paul
Intergroup by March 1st to make
arrangements: 651-227-5502.



Announcements & Updates

HOOTS!

WANTED: **One New Night Owl Committee volunteer**

The Night Owl Committee members take turns carrying the back-up Phone for one week at a time. We help out if a volunteer has a problem and we also make the reminder calls.

Requirements:

- >1 year sobriety
- >Answer the back-up phone during your rotation
- >Experience with Night Owl
- >2 year commitment

Thank you!

Frank N.
Night Owl Committee Coordinator

Night Owl Tidbit: Do you have an interesting Night Owl story you want to share? Send an e-mail to nightowl@aastpaul.org.

A Message for our Minneapolis Readers:

The 2218 First Avenue Alano Society is looking to host additional meetings. If your group is looking for a Minneapolis-based home, please contact the office: 612-871-2218.

The club is offering three month free rent to anyone looking to start a ongoing meeting at their location.

Your News?

Have an AA potluck, holiday or special event you're planning?

We invite you to share your AA news here!

Please send your flyers to:
lifeline@aastpaul.org

We are happy to publish any AA-Related flyers in the Lifeline at your request. As our publication is produced a month in advance (the January LL is published in December) we ask that all flyers be sent us six weeks in advance of the date.

We look forward to hearing from you.

Group and Area News

New Meeting: The Joe and Charlie group is meeting Fridays 7:00PM at the Saint James Lutheran Church, 3650 Williams Drive, Burnsville, MN 55337. The meeting is Open, Mixed, All-Ages and Big Book. This is a continual thirty-three week Big Book study of the Twelve Steps of Alcoholics Anonymous. We will listen to Joe and Charlie audio followed by discussion. Participants are encouraged to join at any time during the thirty-three week cycle.



**Looking for a Service Opportunity?
Become a St. Paul Intergroup Night Owl!**

Upcoming Night Owl Orientations:
Saturday, Jan 19th, Feb 16th, Mar 16th

Every Third Saturday from 10:00 - 11:00 AM

St. Paul Intergroup Office

608 Seventh Street West - St. Paul, MN 55102

To RSVP please call: 651-227-5502



St. Paul Area Intergroup Representatives' Meeting Minutes, November 20th 2018 - 7:30pm

Opened with the Serenity Prayer, introductions, and the reading of the Primary Purpose of Intergroup.

Minutes from last month were reviewed, Cheryl motioned and Matt seconded, motion approved.

Treasurer's Report, – Justin D went over the report. The 2019 Budget was presented and explained to the reps, questions were answered. The reps will take back to groups for approval, to be voted on in the December Reps meeting. See Treasurer's Report for full financial details. Contact Justin at treasurer@aastpaul.org.

Office Report, Dennis – There are two new books published for sale from Grapevine Publishing. One Big Tent, a book for agnostics/atheists, and AA In the Military are both for sale at the office. Faithful Fivers is on the rise.

New Business:

- 2019 Board Elections
- 2019 Alternate Chair: Lindsey D.
- 2019 Secretary: Rachel P.
- 2019 Alt Treasurer: Mark J.
- 2019 At Large: Mike C.
- 2019 At Large: Jimmy D.

Group AA Announcements: None

Suggestions for next month's agenda: Vote on 2019 proposed budget.

Grapevine Report, None; Volunteer for December, Andrew

Concept IX review, None; Volunteer for Concept XII for December, Mary T

Mock Rep Report, None; Volunteer for December, Erik M

Closed with the Responsibility Statement

Meetings Represented: Basic Text, St. Paul; District 8; District 15; Hole In The Doughnut, Roseville; Lakeview AA, Maplewood; Main Idea, St. Paul; Maplewood Alano, Maplewood; New Brighton Alano, Mounds View; Outright Mental Defectives, St. Paul; Pocketing Our Pride, St. Paul; Rule 62 Step & Tradition, St. Paul; Summit Hill, St. Paul; Third Edition, St. Paul; West End Groups, St. Paul; Women's Basic Text, St. Paul.

<u>2019 Steering Board:</u>		<u>Office Calls/Visitors—November 2018</u>	
Chair:	Rob C.	Meeting information	69
Alternate Chair:	Linsey D.	Inventory/hours/location	25
Secretary:		12th Step calls	3
Treasurer:	Justin D.	Temporary sponsor	16
Alternate Treasurer:	Mark J.	Speaker request	13
Members-at-Large 2019:	C.J. M. & Vance O.	Staff & Other Calls	147
Members-at-Large 2020:	Mike C.	Total Calls	273
Advisor to the Board:	Lesli D.	Average Calls/Day	13.0
Manager	Dennis B.	Total Visitors	196

January 2019 REPS' MEETING: Tuesday, January 15th @ 7:30 PM
 SAINT STANISLAUS CHURCH
 398 West Superior Street; St. Paul, MN 55102

**7th Tradition
Suggestions for Groups**

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”

The Conference-approved pamphlet: “Self-Support: Where Money and Spirituality Mix” offers the following suggestions for the distribution of group funds after group expenses have been paid:

50% St. Paul Intergroup

608 Seventh Street West
St. Paul, MN 55102

30% General Service Office

P.O. Box 459
Grand Central Station
New York, NY 10163

10% Southern MN Area 36

Area Assembly
P.O. Box 2812
Mpls., MN 55402

10% District Committee

Ramsey County:
District 8, P.O. Box 131523
St. Paul, MN 55113

Dakota County:
District 19, P.O. Box 1466
Burnsville, MN 55337

Washington County:
District 15, P.O. Box 181
Lake Elmo, MN 55042

SE Ramsey County:
District 26, P.O. Box 75980
St. Paul, MN 55175

NOVEMBER CONTRIBUTIONS

Number of Group Contributors	33
Total Group Contributions:	\$3465
Number of Faithful Fivers:	27
Total from Faithful Fivers:	\$785



District Meetings

District 8 (Ramsey Co.)

Fairview Community Center
1910 Co. Rd B, Rm 108
Roseville
3rd Wed., 7:30 PM

District 15 (Wash. Co.)

Christ Lutheran Church
11194 N. 36th St.
Lake Elmo
4th Mon., 7:00 PM

District 19 (Dakota Co.)

Rosemount Community Center
13885 South Robert Trail
Rosemount
2nd Wed., 7:00 PM

District 26 (SE Ramsey Co.)

Grace Lutheran Church
1730 Old Hudson Rd.
St. Paul
2nd Sun., 7:00PM
www.district26-area36.org



**Thanks to all the Groups
that contributed in November**

- Anoka Day By Day
- Apple Valley Daily Reflections
- Apple Valley Keep It Simple Sun PM
- Dakota Alano THUR 730PM Mens
- Dakota Alano WED AM Roosters
- Eagan Burnsville Savage - Sat Speaker
- Firing Line
- Forest Lake Alano
- Fourth Dimension
- Gloria Dei AA
- Hampden Park Group
- Happy Joyous and Free - Mahtomedi
- Highland Park Groups
- Holy Redeemer Parish AA Group
- January 6th Group- Roseville
- Lake City Group
- No Time Like the Present
- OMD
- Ridge Runners II Sat 830 AM
- Rosemount Groups
- Saturday Morning Treats
- Shoreview 12 x 12
- Summit Hill
- Summit Hill
- Third Tradition Northfield
- Thursday 630 AM 11th Step
- Thursday Night AA - Fellowship Club
- Tuesday Night Friends
- Uptown Club
- West End Club
- White Bear SAT AM Women's Group
- Women's 12 & 12 Monday
- Woodbury Primary Purpose



Thanks to all of the FANTASTIC Office Volunteers who helped in November:

Adam P., Angela B., Barb M., Blake, Brad E.,
Brian L., Caleb A., Chris H., Christina L.,
Cody D., Danielle W., David D., Debbie L.,
Don S. Frank D., Jeff M., Jimmy D., Jodie T.,
John F., Marc B. Marc S., Pam M., Randy O.,
Spencer S., Steve R., Suzanne B., Timothy B.

Thanks to our AWESOME Night Owls too!



The General Service Board of Alcoholics Anonymous, Inc. - Illustrated

This is the third of three corporations that the fellowship "owns". The Service Manual states that the General Service Board (GSB) has the responsibility to oversee the two affiliate corporations, AAWS and AAGV, which were reviewed in two prior articles. The GSB fulfills this responsibility by separately incorporating these entities and then embedding several GSB members onto each affiliate board of directors and electing additional members to create solid, working boards. Bill Wilson felt that the GSB should not be the only members of the affiliate boards, stating that this "...ruled out authoritarian and institutional operating styles that would conflict with AA principles."

A full discussion of the composition is out of the scope of this article, but here is a summary of the type of trustees on the 21-member board:

Regional Trustees	8 total, 6 from the United States and 2 from Canada
Trustee at Large	2 total, 1 from the United States and 1 from Canada
General Service Trustees	4 total, 2 on AAWS board and 2 on AAGV board
Class A (non-alcoholic)	6 total
Chair of the GSB (A or B)	1 total, historically has been a Class A

As previously mentioned, some of the trustees on the GSB also serve on each of the affiliates. Two general service trustees are assigned to each corporate board; two regional trustees serve on each affiliate in their second and third years of service as a trustee; and the AAGV has historically had a Class A as a member of their board.

The GSB meets quarterly to review the affiliate corporate board performance and to provide strategic planning and direction for the operation of AAGV and AAWS. It is the responsibility of the GSB to insure the financial stability of the affiliates. If excess funds appear on either of their balance sheets, it is common for the GSB to move that money to the reserve fund. In fact, the GSB needs to insure the Reserve Fund is maintained, never getting too low nor too high. Mechanisms to adjust the Fund are employed using prudent financial actions. For example, additional funding to liabilities such as the pension fund if monies are available, or suggested cost controls or price adjustments if the Fund is getting too low are common tactics.

Because the affiliates largely operate without GSB intervention, the majority of the GSB work is functioning as the chief arm of the General Service Conference (GSC) as the constant custodians between General Service Conferences. The GSC serves to replace the co-founders, who formerly functioned as guides and advisors to the GSB and its related services.

This custodial process has formal guidelines. First and most importantly, is the Conference Charter, which is a spiritual contract with the AA fellowship, vis-à-vis the General Service Conference. While not a legal document, but instead it uses AA tradition and the power of the purse for final effectiveness. Hence, to practically insure the unity and perpetuation of AA, the General Service Board must adhere to the spiritual principles spelled out in the Charter.

As a New York not-for-profit (NFP) corporation, the GSB must also adhere to the letter of the law. The GSB's mission from this perspective is defined in its Bylaws, which amongst it defining principles includes the Steps, Traditions and Concepts. Because the Conference is not an incorporated body but the GSB is, the legal responsibilities fall to the GSB to achieve the required tasks of abiding to outside corporate responsibilities defined by the state of New York while similarly abiding to the Conference Charter (which makes it an instrument but not a legal document) and the Bylaws (which legally defines the responsibilities in AA fashion).

(Continued Pg. 2)

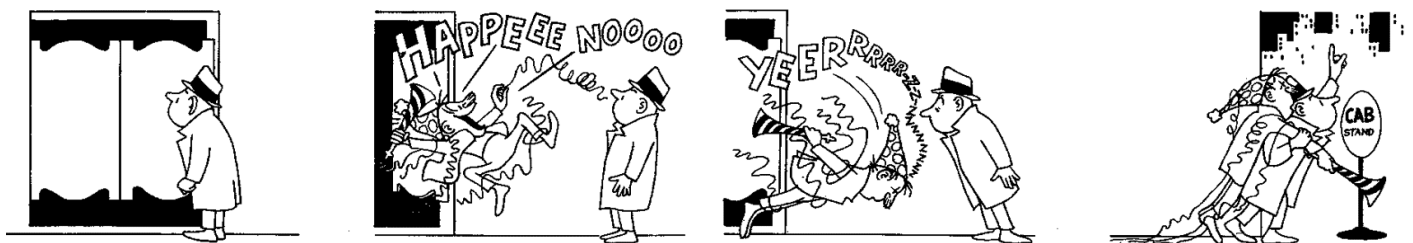
The General Service Board of Alcoholics Anonymous, Inc. - Illustrated (Con't)

Because the week-long GSC happens only once a year, the GSB spends the other fifty-one weeks operationalizing the work that the GSC assigns to the GSB. It is commonly understood that the Conference defines policies, the GSB executes the policies. This is not a simple task! Even at a group or district level you see a myriad of committees all focused on Tradition Five: "to carry its message to the alcoholic who still suffers." As this flows through a unified fellowship and down the service structure, the workload becomes a committee process at each juncture of our service structure. Ultimately, the General Service Board has a committee system to serve the AA fellowship as the workforce for world services.

All the trustees (other than the Chair, who is ex officio to all committees) are assigned to at least three committees. For the most part, the GSB committees mimic the committees found in areas and districts, plus additional committees to address the business requirements of the GSB, e.g., Pension and Retirement and Compensation. Similar to areas getting together for assemblies, the GSB assembles quarterly and each committee spends time together working on the business assigned to them by the General Service Conference or AA business in general. After the committee meetings, the GSB assembles as a body to report and transact the business recommended by the committees and collective AA business. While the Board is assembled for a quarterly meeting, they also have sharing sessions, strategic planning, leadership meetings, and other business not uncommon to a non-profit entity.

Bill W. did an incredible service to AA when he documented the intricate processes, responsibilities and structure that allows a spiritual fellowship to function in a format of servitude while preserving the necessary leadership to operate successfully. Then Twelve Concepts of World Service define these processes, responsibilities and structure in remarkable detail. While indicating in his introduction to the Concepts that changes may be necessary, few changes have been necessary. Only the six Warranties in Concept Twelve, applicable to AA, as a whole, are cemented to insure we can perpetuate this spire of service to insure the halls of AA will welcome and serve alcoholics everywhere.

Yours in Service,
Tom A.
WCR Trustee & AAWS Director



(Victor E. Cartoon reprinted with permission, Copyright © The AA Grapevine, Inc.)

**SMAA AREA 36
TRUSTED SERVANT LEADERSHIP TRAINING**

Saturday, February 9, 2019
Dakota County Technical College
1300 145th Street E Rosemount, MN 55068



*****All interested in General Service
are encouraged to attend!!!**

9:00 am - 4:30 pm

**Service Talks and General Service Training Sessions
for current & future:**

General Service Representatives (GSRs & Alt-GSRs),
District Officers, Committee Chairs,
and all AAs willing to be Trusted Servants beyond the homegroup

What is the role of a Trusted Servant in General Service?
What does Leadership in AA look like?
How does my group fit into District, Area 36, and AA as a whole?

Lunch and Fellowship: 11:30 am -1:00 pm on your own

Questions? Contact: Jeanette S. 651-253-4978 or tslt@area36.org

Start the new year in Al-Anon

Join us for a tropical potluck Al-Anon dinner

When: Saturday January 26, 2019 starting at 6 PM

Where: Recovery Church, 253 State St., St. Paul, MN 55107

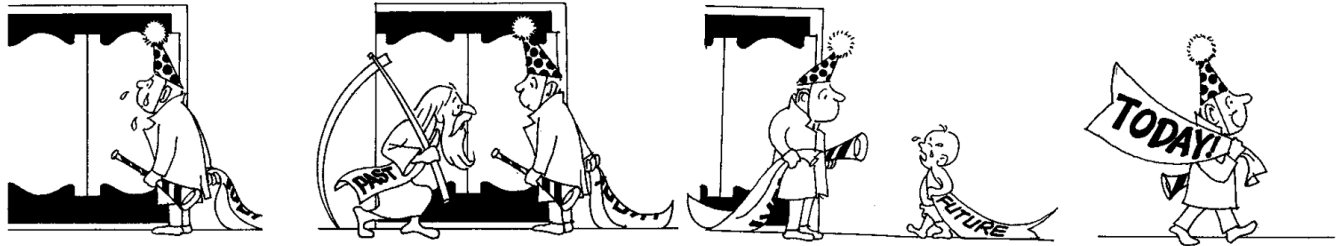
**Lu – WOW – ed
by Al-Anon**



Bring your favorite food to share (beverages provided)

Speakers: Al-Alanon, AA₂ and Alateen

Activities: Tropical fun and games plus open bookstore



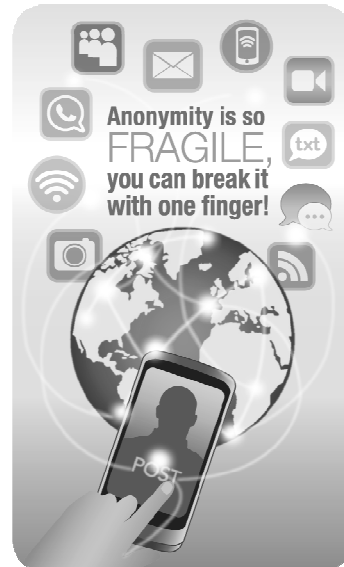
(Victor E. Cartoon reprinted with permission, Copyright © The AA Grapevine, Inc.)

When: March 29th to 31st, 2019
Where: Sheraton Minneapolis West 12201 Ridgedale Dr
Use code "#not ready 2019" to pre-reg your room

MNYPA

Name: _____
State: _____
Email: _____
Sobriety Date: _____

Sponsor a newcomer: Y/N
Add to mailing list: Y/N
AA: AL-ANON: _____
CC: Cash: _____





38TH ANNUAL
SOUTHERN MINNESOTA AREA ASSEMBLY
RECOVERY, UNITY AND SERVICE
CONFERENCE

HOLIDAY INN FAIRMONT, FAIRMONT, MN
JANUARY 25, 26, 27 2019

OUR BIG BOOK:
80 YEARS, 71 LANGUAGES

*F*RIDAY JANUARY 25, 2019

5:00pm: *Registration Opens*
7:30pm—7:45pm: *Welcome*
YESTERDAY'S WORLD
7:45pm—8:45pm: *Our Legacies Begin*
1. The Book is Born
2. Unsuspected Strength
9:00pm—10:00pm: *SMAA Comes of Age*
3. Southern Minnesota's First 12th Step Call
4. The Turning Point
10:00pm—11:00pm: *Ice Cream Social*

*S*ATURDAY JANUARY 26, 2019

8:00am: *Registration Opens*
TODAY'S WORLD
9:00am—11:15am: *Growth Through Service*
5. General Service Representative
6. District Committee Member
10:00am — 10:15am (BREAK)
7. Standing Committee Chair
8. Area Officer
11:15am—1:00pm: *LUNCH* (ON YOUR OWN)
1:00pm—2:00pm: *Demonstrating our Integrity*
9. This Matter of Honesty
10. Breaching the Walls of Ego

*S*ATURDAY JANUARY 26, 2019

2:15pm—3:15pm: *Anonymity and Service*
11. A Tradition Born of Our Anonymity
12. To Serve is To Live
TOMORROW'S WORLD
3:30pm—4:30pm: *Courage to be Vigilant*
13. Member and Custodian
14. A Vision for You
4:30pm—7:00pm: *DINNER* (ON YOUR OWN)
7:00pm—8:15pm: OPEN SPEAKER MEETING
Arnold R., Baltimore, Maryland
8:30pm—9:00pm: *Ask It Basket*
9:00pm—10:00pm: *Ice Cream Social*

*S*UNDAY JANUARY 27, 2019

9:00am—10:00am: *High Road to a New Freedom*
15. 80 Years
16. 71 Languages
10:15am—11:00am: *Our Three Legacies*
Reflections on RUSC
11:00am—11:15am: Incoming Delegate Remarks
11:15am—11:30am: RUSC Chair Closing Remarks

RUSC INFORMATION INCLUDING HOTEL AND REGISTRATION LINKS AVAILABLE AT WWW.AREA36.ORG.
QUESTIONS? EMAIL RUSC@AREA36.ORG.

*T*HREE WAYS TO REGISTER FOR THE CONFERENCE

- ◆ REGISTER ONLINE: Go to Eventbrite: www.rusc2019.eventbrite.com. \$17.00 (+ \$1.58 service charge) prior to *JANUARY 14, 2019*. Credit cards only.
- ◆ MAIL-IN: Complete the registration form below and mail with your check for \$17.00 by *JANUARY 14, 2019*.
- ◆ REGISTER ONSITE: \$20.00.

*H*OTEL INFORMATION AND REGISTRATION OPTIONS

CALL HOLIDAY INN FAIRMONT at 507-238-4771. Ask for the Southern Minnesota Area Assembly RUSC rate.
\$99 per night double/single, \$109 per night king. DEADLINE for rate—*JANUARY 4, 2019*.

*R*EGISTRATION FORM

Please mail by *JANUARY 14, 2019*. Complete, cut and mail with your check for \$17.00 payable to SMAA. Please mail all pre-registrations to:
SMAA, P.O. Box 2812, Minneapolis, MN 55402.

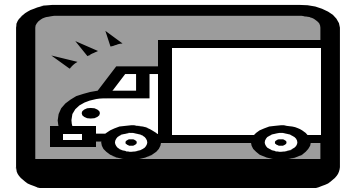
NAME: _____ NAME ON BADGE: _____
HOME GROUP: _____ SERVICE POSITION: _____
CITY: _____

St. Paul & Suburban Area Intergroup
608 7th Street W.
Saint Paul, MN 55102-3010

Change Service Requested

Non-Profit
Organization
U.S. Postage
PAID
Twin Cities MN
Permit No. 7451

Please let us know if your address changes one month ahead of time. It saves us the cost of return postage and enables you to get each issue of *The Lifeline*. Our mailing permit does not provide for mail forwarding. Thank you!



St. Paul Intergroup *Individual Contribution* Enrollment Form

Your Intergroup strives to be self-supporting, and with your personal support we can continue to carry our vital message of Hope and Recovery to all who need and want it. Your contribution entitles you to a one-year subscription to *The Lifeline*. Contributions may be made annually, bi-annually, quarterly or monthly. Please consider becoming one of our *Faithful Fivers* (\$5.00/month), *Terrific Tenners* (\$10.00/month), or *Fantastic Fifteeners* (\$15.00/month).

1. Contact information:

Name _____
Address _____
City _____ State _____ ZIP _____
Phone Number _____
Email _____

2. Amount & Frequency:

Amount: \$ _____
Frequency: (check only one)
 Monthly Quarterly Bi-Annually Annually
Start on ____/____/____
 Faithful Fiver (\$5.00/month)
 Terrific Tenner (\$10.00/month)
 Fantastic Fifteener (\$15.00/month)

3. Choose a Payment Method:

Credit Card/Debit Card*
 Visa MasterCard AMEX Discover
Card # _____/_____/_____/_____
Expiration Date: ____/____/_____
Name on Card _____

Signature _____

*I authorize St. Paul Intergroup to automatically bill my account as specified (monthly, quarterly, etc.). I understand that I am free to cancel this authorization at any time by contacting Intergroup.

Check - Please make payable to:

Saint Paul Intergroup
608 7th Street W.
Saint Paul, MN 55102-3010